



# NCAST Parent-Child Interaction Instructor (Ontario): Roles, Requirements and Responsibilities

In Ontario, each public health unit should have at least one public health nurse (PHN) who is a certified NCAST Parent-Child Interaction (PCI) Instructor. Across the province, the community of NCAST Parent-Child Interaction Instructors receive professional practice support from the Ontario Parent-Child Relationship Program Nursing Practice Lead.

## NCAST PCI Instructor: Role

The NCAST PCI Instructor has a critical role in ensuring that PHNs on their local Healthy Babies Healthy Children (HBHC) and/or Nurse Family-Partnership (NFP) teams are certified, and then annually re-certified, to administer the NCAST PCI Feeding and Teaching Scales. These scales are valid and reliable assessments for measuring parent-child interactions. The NCAST PCI Instructor is to be available to their team as a resource for PCI Feeding and Teaching scale interpretation and interventions. As well, NCAST PCI Instructors may be asked to provide support to other public health units as required.

**Within each public health unit, the NCAST PCI Instructor serves as a resource and may provide practice support to PHNs and other members of the HBHC and NFP teams, with respect to:**

- ✓ Keys to Infant Caregiving Program
- ✓ Promoting Maternal Mental Health During Pregnancy (PMMHDP)
- ✓ BabyCues videos, cues cards and handouts
- ✓ Partners in Parenting Education (PIPE)

## NCAST PCI Instructor: Certification Requirements

**To be considered certified, all NCAST PCI Instructors must:**

- ✓ Hold a Baccalaureate degree in Nursing
- ✓ Be an employee of an Ontario public health unit
- ✓ Be actively managing a caseload in the HBHC or NFP program
- ✓ Have completed a Keys to Infant Caregiving course\*
- ✓ Have successfully completed the NCAST PCI Instructor training workshop offered through the Parent-Child Relationship Programs (PCRP) at the Barnard Center
- ✓ Have successfully completed the required post-workshop written case study within three months of workshop completion

*\*The Keys to Infant Caregiving course is available for purchase through PCRP (recommended) as a video to stream on-demand with study guide or as an e-learning module. It is also available as free online modules through Best Start by Health Nexus.*



# NCAST PCI Instructor: Annual Re-Certification Requirements

All NCAST PCI Instructors are required to renew their own reliability in BOTH the PCI Feeding and Teaching scales on an annual basis. NCAST PCI Instructors in Ontario should undertake the following:

- ✓ Review the NCAST PCI Instructor Renewal of Reliability Policy: [https://machealth.ca/programs/master\\_trainer\\_community\\_of\\_practice/m/recertification/2683](https://machealth.ca/programs/master_trainer_community_of_practice/m/recertification/2683)
- ✓ View the Reliability videos via USB, DVD or VIMEO
- ✓ Complete the appropriate Instructor Renewal Form:
  - Feeding:
    - PDF: [https://machealth.ca/programs/master\\_trainer\\_community\\_of\\_practice/m/recertification/2684](https://machealth.ca/programs/master_trainer_community_of_practice/m/recertification/2684)
    - Word: [https://machealth.ca/programs/master\\_trainer\\_community\\_of\\_practice/m/recertification/2802](https://machealth.ca/programs/master_trainer_community_of_practice/m/recertification/2802)
  - Teaching:
    - PDF: [https://machealth.ca/programs/master\\_trainer\\_community\\_of\\_practice/m/recertification/2685](https://machealth.ca/programs/master_trainer_community_of_practice/m/recertification/2685)
    - Word: [https://machealth.ca/programs/master\\_trainer\\_community\\_of\\_practice/m/recertification/2814](https://machealth.ca/programs/master_trainer_community_of_practice/m/recertification/2814)
- ✓ Email completed scoring sheets and Instructor Renewal Forms to: [ncastreliabilities@uw.edu](mailto:ncastreliabilities@uw.edu)
- ✓ Advise the Ontario Parent-Child Relationship Program Nursing Practice Lead of completion of renewal

## NCAST PCI Instructor: Responsibilities

### 1. Certify PHNs in the NCAST PCI Scales

- ✓ For all new PHN hires to the HBHC or NFP teams, facilitate PHN certification in the PCI Feeding and Teaching Scales
- ✓ Facilitate ordering of PCI Feeding Manual and PCI Teaching Manual (and scoring pads) for each PHN requiring certification
- ✓ Forward certification certificates/letters to PHNs once received from PCRP
- ✓ Communicate training dates to key stakeholders within the local public health unit as well as with the NCAST PCI Instructor virtual community of practice

### 2. Annually Re-Certify PHNs in the NCAST PCI Scales

- ✓ Facilitate annual re-certification for PHNs in local health unit, within a consistent yearly time frame\*; provide support as requested to other Ontario public health units
- ✓ Communicate training dates to key stakeholders within the local public health unit as well as with the NCAST PCI Instructor virtual community of practice

*\*Re-certification for PCI Feeding and Teaching Scales alternate on a yearly basis. With each PHN re-certifying in at least one PCI scale between January 1-December 31.*

### 3. Maintain and Report Local Statistics for Certification

- ✓ Maintain certification and recertification course rosters
- ✓ Maintain copies of all PHN certification and recertification records
- ✓ Complete the NCAST Monthly Tracking Survey (distributed through the School of Nursing, McMaster University) to record completed certification and recertification courses, as well as respond to additional survey questions as requested

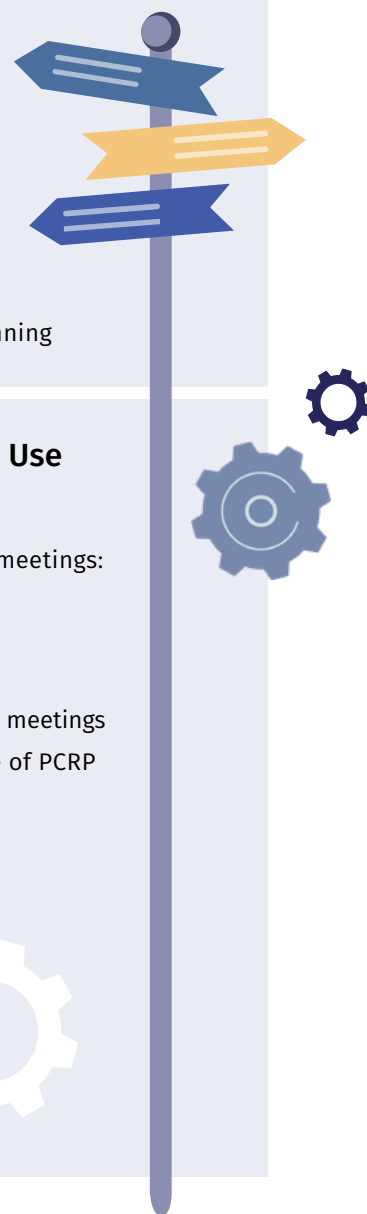


#### 4. Provide Practice Guidance to HBHC and NFP Teams

- ✔ Work with the program manager to support interpretation of the 'HCD-ISCIS NCAST PCI Scales Feeding and Teaching Predefined Reports'
- ✔ Communicate (e.g., through email, at team meetings) to program manager or other team members updates from PCRP (e.g., updated program information, changes to certification procedures, availability of new resources)
- ✔ Where time and resources are available, support PHNs to use the NCAST PCI Scales in their service delivery and care planning along with other available tools (e.g., BabyCues and PIPE)
- ✔ Identify and share evidence or research findings about the use of the NCAST PCI Scales in practice
- ✔ Consult with, or provide support to, PHNs with respect to PCI Feeding and Teaching Scale interpretation and interventions including how to use interpretations to support care planning

#### 5. Maintain and Enhance Professional Practice Knowledge with Respect to Use and Administration of PCRP resources, including the PCI Scales

- ✔ Attend and participate in the monthly NCAST PCI Instructor Community of Practice virtual meetings:
  - Third Thursday of every month, 10:00AM – 11:00AM EST
  - Meeting link and agenda posted within the Machealth Calendar:  
[https://machealth.ca/programs/master\\_trainer\\_community\\_of\\_practice/c/71](https://machealth.ca/programs/master_trainer_community_of_practice/c/71)
  - Contribute case studies or practice questions for review during the Community of Practice meetings
  - Share local best practices or innovations with respect to PCI scale certifications or use of PCRP resources in practice
  - Actively participate in sharing knowledge and expertise
- ✔ Engage in the NCAST PCI Instructor's virtual Community of Practice through Machealth ([https://machealth.ca/programs/master\\_trainer\\_community\\_of\\_practice/](https://machealth.ca/programs/master_trainer_community_of_practice/)) by:
  - Participating in the forums
  - Accessing materials in the resources
  - Monitoring the calendar for meetings, webinars and events



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